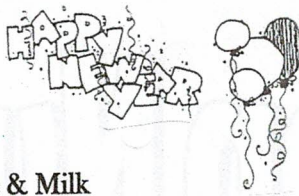



# Southside



# January 2018

## Breakfast/Lunch Menu

Breakfast Menu includes Daily: Fruit or Fruit Juice & Milk

<u>Monday</u> Salad Bar Tossed Salad, Dressing Fresh Cauliflower Kidney Beans Grown in Washington Apple	<u>Tuesday</u> Salad Bar Tossed Salad, Dressing Fresh Broccoli Baby Corn Orange Smiles Pears	<u>Wednesday</u> Salad Bar Tossed Salad, Dressing Carrot Sticks Green Peas Applesauce Cup	<u>Thursday</u> Salad Bar Tossed Salad, Dressing Celery Sticks Red Peppers Banana	<u>Friday</u> Salad Bar Tossed Salad, Dressing Fresh Cucumber Slices Cherry Tomatoes Garbanzo Beans Peaches
<p>Jan 1</p> <p><b>NO SCHOOL</b></p> <p><b>WINTER BREAK</b></p> 	<p>Jan 2 <b>LUNCH</b> Whole Grain Pretzel Cheese Cup Milk</p> <p><b>BREAKFAST</b> Cereal w/Apple Cinnamon Muffin</p>	<p>Jan 3 <b>LUNCH</b> Hamburger on a Whole Grain Bun Milk</p> <p><b>BREAKFAST</b> Whole Wheat Pancakes</p>	<p>Jan 4 <b>LUNCH</b> Cheese Pizza Rippers Milk</p> <p><b>BREAKFAST</b> Breakfast Wrap</p>	<p>Jan 5 <b>LUNCH</b> Turkey Gravy over Mashed Potatoes Cranberry Sauce Dinner Roll Milk</p> <p><b>BREAKFAST</b> Whole Grain French Toast Sticks</p>
<p>Jan 8 <b>LUNCH</b> Soft Taco Milk</p> <p><b>BREAKFAST</b> Cereal w/Banana Muffin</p>	<p>Jan 9 <b>LUNCH</b> Popcorn Chicken w/BBQ Sauce Milk</p> <p><b>BREAKFAST</b> Cinnamon Cream Cheese Filled Bagel</p>	<p>Jan 10 <b>LUNCH</b> Burrito w/Salsa Milk</p> <p><b>BREAKFAST</b> Pancake &amp; Sausage on a Stick</p>	<p>Jan 11 <b>LUNCH</b> Pepperoni Pizza Rippers Milk</p> <p><b>BREAKFAST</b> Breakfast Burrito</p>	<p>Jan 12 <b>LUNCH</b> Chicken Burger on a Whole Grain Bun Milk</p> <p><i>12:15 Early Release</i></p> <p><b>BREAKFAST</b> Cinnamon Glazed French Toast</p>
<p>Jan 15</p> <p><b>NO SCHOOL</b></p> <p><b>MARTIN LUTHER KING JR. DAY</b></p>	<p>Jan 16 <b>LUNCH</b> Corn Dog Milk</p> <p><b>BREAKFAST</b> Cereal w/Graham Crackers</p>	<p>Jan 17 <b>LUNCH</b> Mini Ravioli Garlic Bread Milk</p> <p><b>BREAKFAST</b> Whole Grain French Toast Sticks</p>	<p>Jan 18 <b>LUNCH</b> Cheese Pizza Rippers Milk</p> <p><b>BREAKFAST</b> Strawberry Cream Cheese Filled Bagel</p>	<p>Jan 19 <b>LUNCH</b> Hamburger on a Whole Grain Bun Milk</p> <p><b>BREAKFAST</b> Breakfast Pizza</p>
<p>Jan 22 <b>LUNCH</b> Cheese Sticks w/Marinara Sauce Milk</p> <p><b>BREAKFAST</b> Cereal w/Blueberry Muffin</p>	<p>Jan 23 <b>LUNCH</b> Chicken Tenders w/BBQ Sauce Milk</p> <p><b>BREAKFAST</b> Egg, Cheese &amp; Sausage Sliders</p>	<p>Jan 24 <b>LUNCH</b> Sloppy Joe on a Whole Grain Bun Milk</p> <p><b>BREAKFAST</b> Mini Maple Waffles</p>	<p>Jan 25 <b>LUNCH</b> Pepperoni Pizza Rippers Milk</p> <p><b>BREAKFAST</b> Breakfast Wrap</p>	<p>Jan 26 <b>LUNCH</b> Breaded Chicken Leg Cornbread Muffin Milk</p> <p><b>BREAKFAST</b> Pancake &amp; Sausage on a Stick</p>
<p>Jan 29 <b>LUNCH</b> Burrito w/Salsa Milk</p> <p><b>BREAKFAST</b> Cereal w/Apple Cinnamon Muffin</p>	<p>Jan 30 <b>LUNCH</b> Macaroni &amp; Cheese Scooby Doo Snack Crackers Milk</p> <p><b>BREAKFAST</b> Breakfast Burrito</p>	<p>Jan 31 <b>LUNCH</b> Chicken Nuggets w/BBQ Sauce Milk</p> <p><b>BREAKFAST</b> Cinnamon Glazed French Toast</p>	<p><b>BREAKFAST PRICES</b> Student \$1.20 Reduced \$0.00 Adult \$1.70</p> <p><b>LUNCH PRICES</b> Student \$ 2.90 Reduced (K-3) \$ .00 Reduced \$ .40 Adult \$ 3.50 Milk \$ .40</p>	<p><b>A Friendly Reminder</b> Free and reduced meal applications are available throughout the year in all schools. Once an application has been approved, your child may participate in both the BREAKFAST &amp; LUNCH meal programs. Be sure to contact us if you need assistance. 426-8437</p>

This Institution is an equal opportunity provider.