

Self Administration of Asthma and Anaphylaxis Medications

1. Students with asthma and/or allergies are authorized, in consultation with the school's nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school sponsored events or while traveling to and from school or school sponsored activities. The student shall be authorized to possess and self-administer medication if the following conditions are met.
 - a. The parents/guardians must submit a written request for the student to self-administer medication(s) for asthma or anaphylaxis;
 - b. The student's A health care practitioner submits a letter to the District stating that the student has demonstrated the skill necessary to use the prescribed medication as instructed in a correct and responsible way;
 - c. The student demonstrates to the school nurse the skill necessary to use the prescribed medication as instructed in a correct and responsible way;
 - d. The health care practitioner provides a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours. The written treatment plan should include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use;
 - e. The parent or guardian must sign a statement acknowledging that the District shall incur no liability as a result of any injury arising from the self-administration of medication by the student and that the parents or guardians shall indemnify and hold harmless the District and its employees or agents against any claims arising out of the self administration of medication by the student.

The authorization to self-medicate will be valid for the current school year only. The parent/guardian must renew the authorization each school year.

In the event of an asthma or anaphylaxis emergency, the District shall have the following easily accessible:

- a. The student's health care practitioner's letter and written treatment plan;
- b. The parent/guardian's written request that the student self-medicate;
- c. The parent/guardian's signed release of liability form, and
- d. The student's school Emergency Action Plan (EAP).

Backup medication, if provided by the parent/guardian, shall be kept at a location in the school to which the student has immediate access in the event of an asthma or anaphylaxis emergency.

A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school nurse and student's prescribing health care practitioner and the student's parents/guardians if the student demonstrates an inability to responsibly possess and self-administer such medication.

2. Rescue Procedures for Asthma or Anaphylactic Episodes

In the event of an asthma or anaphylactic episode, the school nurse shall be immediately contacted. In the absence of the school nurse, the person responsible for school health duties will be contacted. The District will follow the procedures outline in the most recent publication of the Asthma Management in Educational Settings including:

- a. Managing the students' school environment
- b. Training school personnel in rescue procedures
- c. Accompanying all students exhibiting symptoms
- d. Providing care as designed in the student's emergency care plan
- e. Calling 911, if appropriate
- f. Notifying the students parents/guardians
- g. Documenting interventions
- h. Evaluating the student's emergency care plan and making changes, if necessary

