

Southside

Breakfast/Lunch Menu

Breakfast Menu includes Daily: Fruit or Fruit Juice & Milk



October 2018

National School Lunch Week

October 15-19

<u>Monday</u> Salad Bar Tossed Salad, Dressing Fresh Cauliflower Kidney Beans Grown in Washington Apple	<u>Tuesday</u> Salad Bar Tossed Salad, Dressing Fresh Broccoli Baby Corn Orange Smiles Pears	<u>Wednesday</u> Salad Bar Tossed Salad, Dressing Carrot Sticks Green Peas Applesauce Cup	<u>Thursday</u> Salad Bar Tossed Salad, Dressing Celery Sticks Red Peppers Banana	<u>Friday</u> Salad Bar Tossed Salad, Dressing Fresh Cucumber Slices Cherry Tomatoes Garbanzo Beans Peaches
Oct 1 LUNCH Cheese Sticks w/Marinara Sauce Milk	Oct 2 LUNCH Popcorn Chicken w/BBQ Sauce Milk	Oct 3 LUNCH BBQ Rib on a Hoagie Milk	Oct 4 LUNCH Pepperoni Pizza Rippers Milk	Oct 5 LUNCH Chicken Burger on a Whole Grain Bun Milk
BREAKFAST Blueberry Muffin	BREAKFAST Sausage, Egg & Cheese Sliders	BREAKFAST Maple Mini Waffles	BREAKFAST Pancake & Sausage on a Stick	BREAKFAST Breakfast Wrap
Oct 8 LUNCH Ravioli Garlic Bread Milk	Oct 9 LUNCH Chicken Nuggets w/BBQ Sauce Milk	Oct 10 LUNCH Corn Dog Milk	Oct 11 LUNCH Cheese Pizza Rippers Milk	Oct 12 LUNCH Hamburger on a Whole Grain Bun Milk
BREAKFAST Chocolate Chip Muffin	BREAKFAST Eggo Mini Waffles	BREAKFAST Breakfast Pizza	BREAKFAST Banana Chocolate Chunk Bar	BREAKFAST Strawberry Cream Cheese Bagel
Oct 15 LUNCH Burrito w/Salsa Milk	Oct 16 LUNCH Breaded Chicken Leg Animal Crackers Milk	Oct 17 LUNCH Hot Dog on a Whole Grain Bun Milk	Oct 18 LUNCH Pepperoni Pizza Rippers Milk	Oct 19 LUNCH Chicken Tenders w/BBQ Sauce Milk
BREAKFAST Strawberry Mini Pancakes	BREAKFAST Breakfast Burrito	BREAKFAST Oatmeal Chocolate Chunk Breakfast Bar	BREAKFAST Cinnamon Cream Cheese Filled Bagel	BREAKFAST Tony's Bacon Scramble
Oct 22 LUNCH Cheese Sticks w/Marinara Sauce Milk	Oct 23 LUNCH Popcorn Chicken w/BBQ Sauce Milk	Oct 24 LUNCH Corn Dog Milk	Oct 25 LUNCH Cheese Pizza Rippers Milk	Oct 26 LUNCH Chicken Burger on a Whole Grain Bun Milk
BREAKFAST Breakfast Wrap	BREAKFAST Blueberry Mini Waffles	BREAKFAST Breakfast Bagel	BREAKFAST Egg & Cheese on a Whole Grain Biscuit	12:00 Early Release BREAKFAST Breakfast Pizza
Oct 29 LUNCH Burrito w/Salsa Milk 12:00 Early Release	Oct 30 LUNCH Hamburger on a Whole Grain Bun Milk 12:00 Early Release	Oct 31 LUNCH Chicken Nuggets w/BBQ Sauce Scooby Graham Snacks Milk 12:00 Early Release	BREAKFAST PRICES Student \$1.20 Reduced \$0.00 Adult \$1.90 LUNCH PRICES Student \$ 2.90 Reduced (K-3) \$.00 Reduced \$.40 Adult \$ 3.75 Milk \$.40	A Friendly Reminder Free and reduced meal applications are available throughout the year in all schools. Once an application has been approved, your child may participate in both the BREAKFAST & LUNCH meal programs. Be sure to contact us if you need assistance. 426-8437
BREAKFAST Sausage, Egg & Cheese Sliders	BREAKFAST Pancake & Sausage on a Stick	BREAKFAST Strawberry Cream Cheese Bagel		

This Institution is an equal opportunity provider.

